



Northern Roots Veg Box Scheme

Welcome to Northern Roots

The Northern Roots charity in Oldham, Greater Manchester exists to transform 160-acres of underused green space into a thriving visitor destination, and source of arts and culture events, education, sport, enterprise, and healthy fruit and veg grown in Oldham.

For two years we've hosted weekly summertime produce sales, increasing access to locally grown food at affordable prices. Thanks to its popularity and the demand for locally grown veg, we're **now launching a weekly veg box scheme.**

Later this year, Northern Roots will open the doors to a beautiful new Welcome Building, a brand-new Forestry Skills Centre and four more acres of Urban Farm.

As such, we're focusing our resources and will not host weekly produce sales across the summer. This is your chance to get fresh, healthy veg from Northern Roots, and **become part of our community pre-opening.**



Our Growers Silvie and Tina

Community Supported Agriculture Model

Community Supported Agriculture (CSA) is a **direct relationship** between the farm and the local community.

Members support the farm financially by buying a “share” of the harvest in advance, providing a reliable income to cover growing costs.

In return, members receive a regular box of fresh, seasonal produce throughout the growing season.



How We Grow

At Northern Roots, we grow food using agroecological principles.

Agroecology is a global movement that supports sustainable food systems and a liveable planet. It focuses on **growing food in natural, circular systems** that regenerates natural resources, rather than extractive systems that take more than they give back. We don't use synthetic fertilisers, pesticides and herbicides.

Instead of measuring the distance food travels in food miles, we think in terms of **food steps**, keeping the journey from soil to plate as short and simple as possible.



Veg Box Sizes

By becoming a member you will:

- Receive a **weekly veg box of seasonal locally grown food for 10 weeks**, from **Thursday 30th July to Thursday 1st October**.
- Have an opportunity to connect to the place and people who grow your food
- Support your local community and the Northern Roots charity
- Help build a better food system, reduce food waste, keep food miles low

You can subscribe to one of two veg box sizes:

Small Veg Box	Regular Veg Box
Containing 5-7 of items each week and suitable for a one or two person household who don't eat lots of veg	Containing 8 plus items per week with larger quantities than the regular box, suitable for a three plus person household or a household who eats a lot of veg

Once you decide which is best for you, we are unable to change the membership you are on for this season.

Veg Box Prices

We offer a **sliding-scale payment system** based on trust, fairness, and community support. Members who are able to pay a little more are invited to do so, helping to make veg boxes more affordable for those who may need to pay less.

Together, this approach helps ensure **everyone can access fresh, locally grown food**, regardless of income.

Per size veg box, we have 3 pricing options:

Small Veg Box	Regular Veg Box
Community Price - £85 for 10 weeks, £8.50 per box Standard Price – £105 for 10 weeks, £10.50 per box Solidarity Price - £125 for 10 weeks, £12.50 per box	Community Price - £175 for 10 weeks, £17.50 per box Standard Price – £195 for 10 weeks, £19.50 per box Solidarity Price - £215 for 10 weeks, £21.50 per box

We have limited quantities of each pricing option. Available on a first come first served basis.



Membership Requirements

Whatever pricing structure you chose, we require members to pay a **membership fee of £10.**

Here's what's included in your membership fee...

- **2 large natural jute bags** you can use each week for veg pick up (these will be swapped weekly at pick up, e.g. take a bag full of veg at pick up, and return the following week)
- Behind the Scenes Tour of Northern Roots (date TBC)



How your membership helps the farm?

By becoming a member, you help create a reliable and supportive community around the farm. Your commitment allows us to plan ahead, knowing how much food to grow and harvest each week. This reduces waste and supports seasonal growing.

What veg will I get?

Your veg box will **vary month to month** depending what seasonal veg is available, you can **expect more variety in peak harvest season** in August and September.

Below is a list of what we expect to be in your veg box this summer:

Salad, Tomatoes, Cucumbers, Carrots, Potatoes, Beetroot, Shallots, Courgette, Leeks, Summer Squash, Peas, Broad Beans, French Beans, Runner Beans, Kohl Rabi, Radish, Garlic, Chillies, Spring Onions, Spinach, Rocket, Sorrel, Chard, Herbs (Basil, Coriander, Dill, Parsley).

Please note, we work in harmony with the weather and changing climate. This means we cannot guarantee what crops will thrive this year.

If a crop doesn't do well you will receive smaller quantities, similarly, **if a crop does well, you will receive larger quantities.**



How to buy your box

On our webpage, click the link to Ooooby. On this platform, you can choose and purchase your veg box. Membership is mandatory, and you will need to add this to your order. If you have any issues, please email veg@northern-roots.uk for support.

Add On's

We also work with our on-site business and local food producers to offer a small selection of additional products.

These may include products such as **local honey** from [Hive5 Manchester](#), made right here on our site by 500,000 bees in our apiary, and **speciality mushrooms** (including varieties such as Lions Mane and Black Oyster) grown by local producer [Josh of Tudor Mushrooms](#).

These are seasonal and available while stocks last. We will let you know via email when extra items are available to buy.



Frequently Asked Questions

How will you keep in touch?

We will send regular updates by email from veg@northern-roots.uk. You can also use this email address to contact us with any questions about your veg box.

Where do I collect my veg box?

Collection takes place at the Northern Roots cabin, located just a few metres from our free car park on Kings Road.

Collection times are **4pm–6pm every Thursday**, from **Thursday 30th July to Thursday 1st October**. If you are late, you may not be able to collect your veg box that week.

Can I cancel mid-season?

No, we kindly ask members to commit to the full 10-week season. This commitment helps provide the farm with a stable and secure income, allowing us to plan and grow with confidence.

I'm going on holiday - what can I do with my box?

If you're away, you're welcome to give your box to a friend, neighbour, or family member, or donate your box to be shared among other members or volunteers. We ensure any veg that is not collected is shared and reused, and will not be wasted.

Can I swap items or tailor my veg box?

No, we aren't able to swap items in advance or to tailor your veg box. However, we provide a swap box at the cabin, where members can exchange items with others if there's something they don't need or like.

I have allergies – can my box be tailored?

On our farms we grow mustard, celery and wheat, and we cannot guarantee our veg boxes will be allergen free.

How are payments processed?

We use the Ooooby platform to manage payments. This is a trusted platform used by many veg box schemes across the UK.

We ask that members pay the full 10-weeks upfront plus the membership fee, and you can buy optional add on such as honey and mushrooms throughout the 10 weeks, when items are available. We'll let you know via email when extra items are available to purchase.

What's your refund policy?

When you become a veg box scheme member, your subscription directly supports the urban farm. Therefore, we are unable to accept refund requests at any point after initial payment, as your money is already re-invested into the farm.



NORTHERN ROOTS

GROWN IN OLDHAM